



Regina MSN's  
**SCARY  
NCLEX  
29<sup>th</sup> 8<sup>pm</sup>  
CT  
REVIEW**  
ReMarNurse.com

Save 80% off NCLEX Virtual Trainer Package (Details Inside – Sale ends 10/31/20)

**“We’re Taking the FEAR Out of NCLEX by Studying  
the Content and Being Prepared!”**

Regina M. Callion, MSN, RN

## Welcome to the Scary NCLEX Topics Review!



Our class will Premiere Live this **Thursday at 8:00 pm EST, October 29<sup>th</sup>** for 2.5hr broadcast that you can access on both **Facebook & YouTube platforms @ReMarReview**

Hi, my name is Regina M. Callion MSN, RN and I'm so glad that you have registered for my NCLEX Scary Topics Review! My goal is to help you get your license in the next 6 weeks!

If you're still in school we'll help you breakdown the content so that you'll be ready when it's your time to test.

I'm going to show you how to study some of the most difficult content for NCLEX in a way that builds your confidence. I will also help confirm what you know to be true that YES – with the right help you can pass NCLEX!

### Scary NCLEX Review Goals & Topics

We're going to cover a lot of ground together in 2-hrs but the real work if passing NCLEX is based on your daily routine, and I want to give you my winning routine!

If you can give me 1.5 hrs. – 2 hrs. a day, four days a week, for the next six-weeks we can get this done, together, this year, before Christmas, you can have your license ☺

In order to do this, we're going to give you an **amazing offer (80% OFF) the full NCLEX Virtual Trainer review** to get the content that you need to get your nursing license! If your new to ReMar visit [ReMarNurse.com](http://ReMarNurse.com) and review our testimonials from new grads, repeat-testers, and foreign nurses to see they used to pass NCLEX this year!

Here are the topics that we're covering together this Thursday! Pharmacology is one of my favorite subjects for NCLEX! It's not easy but I know that you can get it down and with the right focus you can, you will, you must pass NCLEX! I'll see you this Thursday, October 29<sup>th</sup> at 8:00 pm EST on PREMIERING LIVE on YouTube and Facebook!

- Difficult Pharmacology
- Fetal Heart Monitor Complications
- "Never Heard of Diseases"
- Spiritual Distress
- Virtual Trainer Orthopedics

# THIS WEEK'S SCARY SPECIAL OFFER !

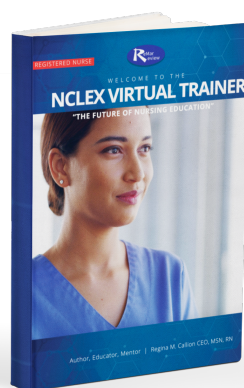
We are ultra-focused on getting you the core nursing content that you need to pass NCLEX. It's the content that builds confidence, helps overcome anxiety, and ultimately helps you to pass NCLEX!

**SAVE 80% OFF YOUR NCLEX VT SUBSCRIPTION**  
**PAY JUST \$129 NOW THROUGH (10/31/20)**



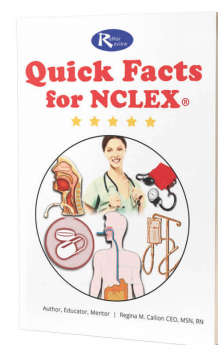
## NCLEX Virtual Training Center

- Study lectures by Regina MSN, RN
- Break down the Core-Content
- Builds your Self-Confidence
- Only the need to know content



## Virtual Trainer Workbook

- Detailed fill-in-the-blank workbook
- Organizes your NCLEX Training
- Easy to understand
- Minute-by-minute study routine



## Quick Facts for NCLEX

- 2020 Pharmacology
- All New Case Studies
- ReMar Clinical Skills Lab
- Straight to the point Core Content

**Order now at [www.ReMarNurse.com](http://www.ReMarNurse.com)**

This if you NEED your nursing license THIS YEAR or by early January, or you're on a budget, get this ASAP! It takes six-weeks or less to complete this program!

### Here's what will happen if you wait...

- You'll miss out \$129 and may twice as much!
- You'll have to wait (30 Days) until Black Friday, November 27<sup>th</sup> TO SAVE

### Here's what here's what happens if you start now...

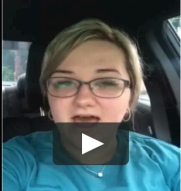
- You'll get the best NCLEX content review for only \$129 + Shipping!
- You'll be ready to test and can have your nursing license by Christmas!

This sale ends Saturday, October 31<sup>st</sup> 2020 (Midnight) at [ReMarNurse.com](http://ReMarNurse.com)

# HOW MANY TIMES HAVE YOU TAKING NCLEX

WE KNOW IT CAN BE NERVE WRECKING...especially if you feeling underprepa9i9m2z ed. The good news is you don't have to feel this way! We want to bring you from feeling lost to we call NCLEX saturation. Saturation is when you've studied the NCLEX content to the point that it feels like there's nothing else can be added. It's the content guys!

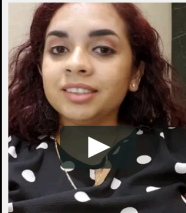
## YOUR LICENSE IS WAITING FOR YOU!



### I Passed NCLEX on my 1st Attempt!

I started on the Self-Study Package shortly before graduation and passed my Florida boards this June! I learned so much more and can't thank ReMar enough!

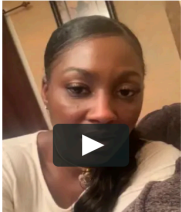
Previously used: N/A (Passed NCLEX 1st attempt)



### I Passed NCLEX on my 2nd Attempt!

I passed NCLEX on my second try being a single mom of a 2-year old, working full time, with English is my second language, from Puerto Rico. Content is very important to pass this test and practice because with God everything is possible. Always be positive, be confident, and believe in yourself.

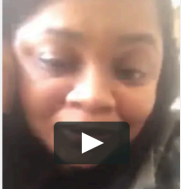
Previously used: N/A



### I Passed NCLEX on my 3rd Attempt!

I am officially a ReMar Nurse, thank God and Regina for helping me! I graduated in 2015 and failed using the review my nursing school offered and I didn't pass. After prayer I studied the six-week calendar with ReMar I took my test for the 3rd time and passed NCLEX in 75 questions!

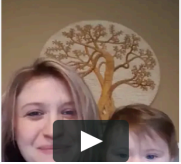
Previous used: School's recommendation



### I Passed NCLEX on my 4th Attempt!

Don't let anybody tell you that you can't do it, because you can! I'll be honest this was my 4th time taking NCLEX and I passed! I know I wouldn't have passed NCLEX if it wasn't for ReMar Review!


Previously used: "Everything you can think of"



### I Passed NCLEX on my 7th Attempt!

I passed NCLEX on my 7th attempt after being out of nursing school for seven years! This is Lucy, she is my reason for passing NCLEX! If I can do it, anyone can do it!

Previously used: N/A



### I Passed NCLEX on my 8th Attempt

In the past I have used ATI, HESI, Saunders, NCSBN QBank, Kaplan, Uworld, you name it I tried it. This time I only used ReMar Review and NCLEX resources created by Regina. I work full time and followed her six-week calendar and passed my NCLEX!

Previously used: ATI Nursing, HESI, Saunders, NCSBN Qbank, Kaplan, and Uworld.

Get the NCLEX Virtual Trainer package and get your license in the next six-weeks! That's exactly what these nurses did even after testing multiple times with various resources.



## **Scary NCLEX Topics Pre-test**

ReMarNurse.com

Begin your pretest and have your answers ready for review prior to the live class. We will review your answers toward the end of our live Scary Topics NCLEX Review! Remember there's nothing wrong with getting things wrong now! Our goal is to focus on learning the content and get it right for NCLEX!

1. A nurse is caring for a client who has attempted suicide three times in the last month. The client states that he is experiencing "spiritual distress." The nurse is aware that religion affects which aspects of health? Select all that apply.

1. Psychological states
2. Diet
3. Supernatural events
4. Stereotypes
5. Relationships
6. Perceptions of the world
7. Equality of men and women

2. A nurse is caring for a 28- year-old client who is gravida 3, para 3, is at 39 weeks gestation and is in active labor. Identify the fetal heart rhythm circled.



1. Early decelerations
2. Accelerations
3. Late decelerations
4. Variable decelerations
5. Vertex decelerations

## Scary NCLEX Topics Pre-test

ReMarNurse.com

3. Mr. James, 22 years old presents to the emergency room at night with difficulty breathing and wheezing on expiration. He is admitted to the hospital due to a chronic history of asthmatic attacks. His treatment orders include isoproterenol hydrochloride. Which of the following are expected side effects of this medication?

1. Nausea and fever
2. Bradycardia and diplopia
3. Tachycardia and headache
4. Diarrhea and hypertension

4. A nurse is caring for a client who is experiencing frequent seizures throughout the morning. After a morning seizure the nurse documents the vital signs as follows:

10:00am	Temperature: 98.7 Heart rate: 89 Respirations: 17 Blood pressure: 108/69 Pulse oximetry: 83% Pain: 2 on a scale of 0-10
---------	--

Which of the following diagnostic interventions will be the **most** important for the nurse to implement?

1. Pulmonary function test
2. Portable cardiac monitoring
3. Orthostatic hypotensive readings
4. Arterial blood gases with peak flow monitoring
5. Falls precautions
6. Laboratory blood draws of transient serum magnesium levels

## Scary NCLEX Topics Advanced Study Session

ReMarNurse.com

### Difficult Pharmacology

A. \_\_\_\_\_ - like drugs

<b>Drug Name</b>	
<b>Route</b>	
<b>NCLEX Points</b>	Side effects:  <i>Why is albuterol better for asthma?</i>

<b>Drug Name</b>	
<b>Route</b>	
<b>NCLEX Points</b>	Side effects:

<b>Drug Name</b>	
<b>Route</b>	
<b>NCLEX Points</b>	Side effects

**ReMar Note:**

**Activity:** Put the 3 drugs in order from greatest to least potent.

- 1.
- 2.
- 3.

## Scary NCLEX Topics Advanced Study Session

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1. If a client has a weak thready pulse with insufficient blood flow and tissue perfusion this should be documented as

1. Cardiac arrest
2. Heart block
3. Circulatory arrest
4. Hypothermic arrest
5. Antegrade cerebral perfusion

B.

<b>Uses</b>	
<b>Side effects</b>	
<b><u>NCLEX Tips</u></b>	

C.

<b>Use</b>	
<b>Side effects</b>	
<b><u>NCLEX Tips</u></b>	

## Scary NCLEX Topics Advanced Study Session

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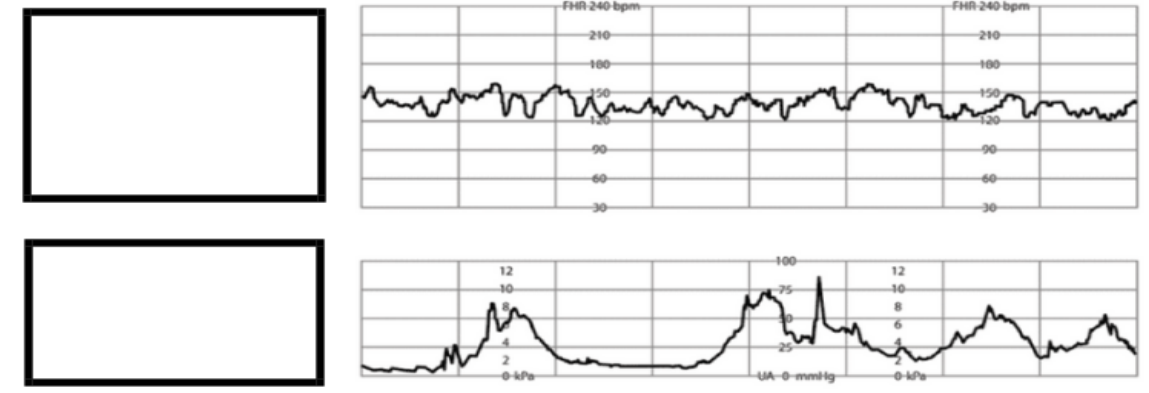
### Electronic Fetal Heart Rate Monitoring

Fetal heart monitoring helps to tell:

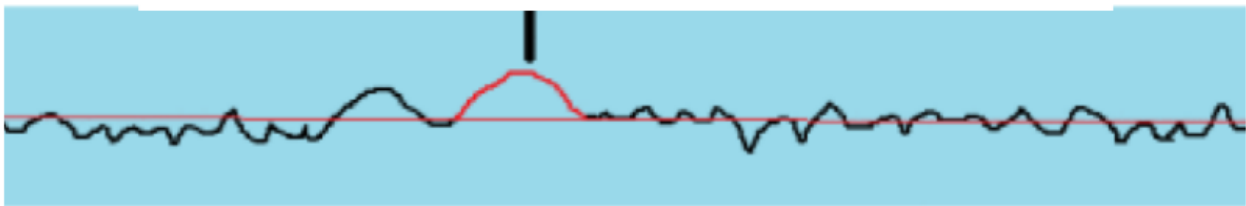
	=	Good sign
--	---	-----------

A \_\_\_\_\_ contains 3 things:

- 1.
- 2.
- 3.



A.



\_\_\_\_\_ are an \_\_\_\_\_ in \_\_\_\_\_.

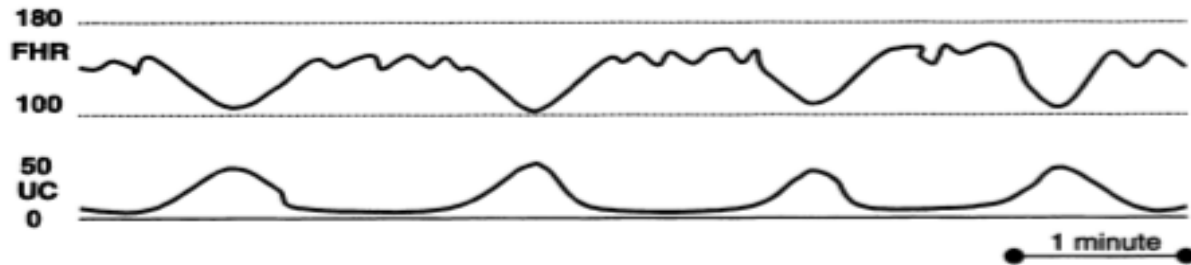
Good sign	
Cause	



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**B.**



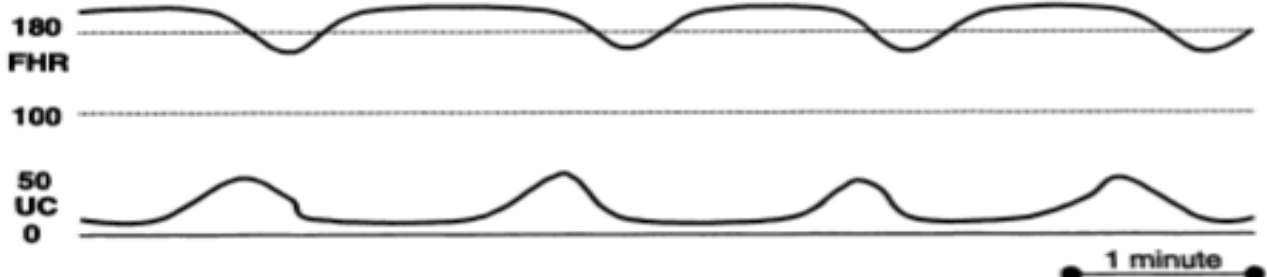
**Fetal Heart Reading:**

**Caused by:**

**Looks like:**

**Treatment:**

**C.**



**Fetal Heart Reading:**

**Caused by:**

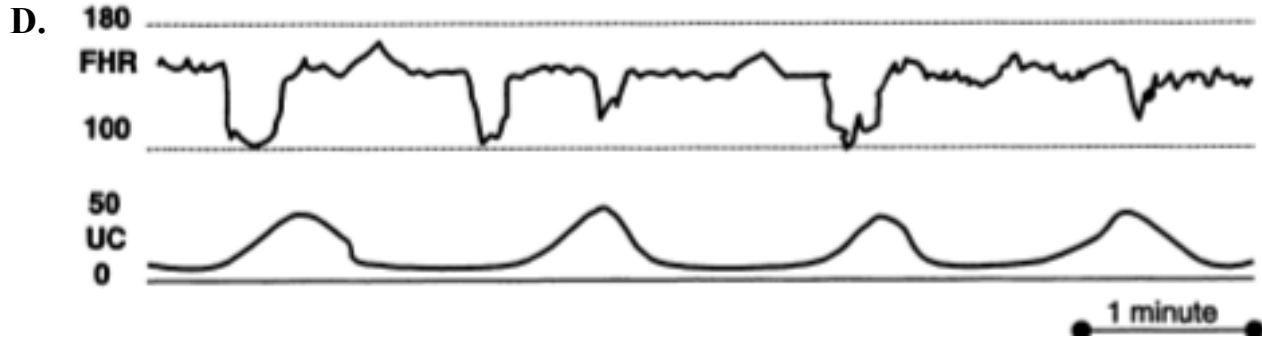
**Looks like:**

**Treatment:**

L
I
O
N

## Scary NCLEX Topics Advanced Study Session

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**Fetal Heart Reading:**

**Caused by:**

**Looks like:**

**Treatment:**

**New Format NCLEX Practice Question:** Match the condition to the maternal oxygen pathway.

Prolapse	Maternal Circulation
Asthma	
Hypertension	Maternal Inhalation
Rh isoimmunization	
	Fetus
	Umbilical Cord

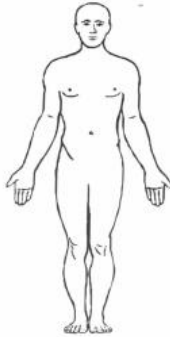
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There are the \_\_\_\_\_ diseases to study before you test.

1.
2.

1. \_\_\_\_\_



\_\_\_\_\_ is a \_\_\_\_\_ complication similar to a  
\_\_\_\_\_ block

Heart \_\_\_\_\_ = Decreased cardiac output

Signs:	
Clients may also experience:	
EKG signs:	

### Critically think ReMar Nurses:

Would oral medications be effective:

What is the treatment?

NCLEX Priorities:

## Scary NCLEX Topics Advanced Study Session

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2. \_\_\_\_\_ disease



Which age group is most affected?	
This disease is also called?	
What are the common clinical signs?	
What are the diagnostic tests?	
What is the treatment plan?	

1. A 10-month old infant presents to the emergency room after having a seizure at home. The mother states the child was about to eat a meal. The physician suspects \_\_\_\_\_ disease. The nurse should anticipate which of the following treatments?

- A. Chest percussion twice daily.
- B. Low stimuli toys and environment.
- C. Nitroglycerin if apical pulse is greater than 100 beats per minute.
- D. Frequent meals and capillary blood sugar checks.
- E. Hot and cold therapy for temperature changes.
- F. Miotic eye drops to dilate the pupil.

## **Scary NCLEX Topics Advanced Study Session**

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### **D. Spiritual distress**

Spiritual Distress:
---------------------

Spirituality	

There are \_\_\_\_\_ prominent ways in which \_\_\_\_\_ influence health.

1.	
2.	
3.	
4.	

**What is the priority of the nurse?**

**Nurses need to understand:**



Our next “Scary Topic” comes from the  
**ReMar NCLEX Virtual Trainer!**

# ORTHOPEDICS REVIEW



The NCLEX VT (\$129) Review Sale ends Saturday, October 31<sup>st</sup> 2020!

**Learn the #1 Method Thousands of  
Nurses are using to Pass NCLEX!**

We'll Teach You the Exact Content You Need to Know and then Show You How to Answer the Questions!

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# Scary NCLEX Topics Advanced Study Session

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## Orthopedics



**1. Canes** The cane moves with the \_\_\_\_\_  
then the \_\_\_\_\_ follows.

### **2. Casts**

Use \_\_\_\_\_ of our hands to handle during first 24 hours.

Do not use \_\_\_\_\_.

Do not get the cast \_\_\_\_\_.

What about scratching underneath cast?



Always remember to do \_\_\_\_\_.

<b>NCLEX Emergency:</b>	<p>This is an:</p> <p>Assess for 6 P's</p> <ol style="list-style-type: none"><li>1.</li><li>2.</li><li>3.</li><li>4.</li><li>5.</li><li>6.</li></ol> <p>Nursing Interventions:</p> <ol style="list-style-type: none"><li>1. Cast or restricted bandages:</li><li>2. Do not _____ the _____.</li><li>3.</li></ol> <p>*Fasciotomy-surgical decompression is also a possible treatment.</p> <p>Why is the urine output so important?</p>
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## Scary NCLEX Topics Advanced Study Session

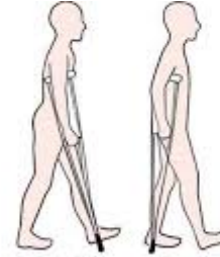
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### 3. Crutches-

Measurements need to be:

Top of crutches should be \_\_\_\_\_ below \_\_\_\_\_.

The handgrips should be:



### Gaits

Three Point Gait

2 Point	Move left crutch with right foot then right crutch with left foot.
3 Point	Move crutches and weaker leg, then strong leg.
4 Point	Move left crutch, then right foot, then right crutch and then follow with the left foot.
Swing Through	Move both crutches forward then bear all weight on crutches and swing legs forward at the same time.



Stair walking with Crutches

Going up the stairs	
Going down the stairs	

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### 4. Walkers-



Never try to use:

Elbows flexed at:

Step first with \_\_\_\_\_ leg then follow with \_\_\_\_\_ leg.

Do not pick:

Promoting Circulation	1. Need _____
Thromboembolic Compression Stockings (TED)	A. Put them on while client is _____ Time Limit:
2.  (SCD)	Monitor for:

### Clients are not allowed to:

- a. Cross their \_\_\_\_\_.
- b. \_\_\_\_\_ for long:
- c. Put \_\_\_\_\_ behind the \_\_\_\_\_

Advanced Clinical Topic:	_____ is a _____ _____ to limbs, bones, or tissue.
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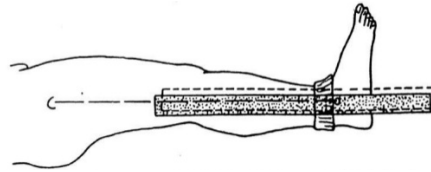
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### Orthopedics

There are 2 types of \_\_\_\_\_:

1. \_\_\_\_\_



Indications:	The _____ is applied over a _____.
1. Femoral fractures	_____ are used to exert a pulling force.
2.	Examples:
3.	Heels should be:
	Time Limit:

2. \_\_\_\_\_

Indications:	Metal pins or wires surgically applied.
1. Fractures of _____	_____ inserted _____ to _____.
2. Fractures of _____	Avoid _____.
	Damage _____ in _____.
	Notify the healthcare provider if:
	1.
	2.

## **Scary NCLEX Topics Advanced Study Session**

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### **Items Needed for Successful Traction**

- A.
- B. Overhead frame
- C. Bars and ropes
- D.

### **Client's Activity Level:**

#### **Watch for :**

1. \_\_\_\_\_ bags should hang \_\_\_\_\_.
2. \_\_\_\_\_ ropes they should be \_\_\_\_\_.
3. Watch for \_\_\_\_\_.
4. \_\_\_\_\_ due to \_\_\_\_\_ and \_\_\_\_\_.

### **Critical Thinking Questions:**

1. A client was hit by a motor vehicle 12 hours ago and is being discharged with a Plaster of Paris cast of the right leg. Which of the following statements need follow-up teaching?

1. "I will not scratch the skin under my cast."
2. "I will use the palms of my hands to handle the cast for the next 8 hours."
3. "I will not get my leg cast wet during basin baths."
4. "I will notify the healthcare provider if I feel numbness in my leg."

2. A nurse is caring for a client in skeletal traction. Which of the following are expected findings? Select all that apply.

1. Redness and inflammation at the pin site.
2. Purulent drainage at the pin site.
3. Serous drainage at the pin site.
4. Chest pain due to immobilization.
5. Loosening of the pin with frequent movement.

3. A nurse is caring for a client with signs of acute compartment syndrome. The client is reporting numbness and tingling in the left lower extremity. Which is the **priority** action of the registered nurse?

1. Notify the healthcare provider.
2. Obtain baseline vital signs.
3. Assess respiratory status.
4. Assess pedal pulses.

## **Scary NCLEX Topics Advanced Study Session**

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<b>Additional Notes</b>
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## Thank You for being a part of our Family!



Thank you for studying with me and being a part of the ReMar Nurse family! I'm personally excited about where you are at this point in your journey and can't wait to see your success story and testimonial video on the other side of NCLEX but you need to start now at [ReMarNurse.com](http://ReMarNurse.com).

There's absolutely no better time to begin your review and I'm fully confident that you can **PASS NCLEX AND GET YOUR LICENSE!**

If you haven't ordered your package already I wanted to let you see the table of contents and how everything is organized. The complete review comes with 90-days access and many students are finishing in six weeks or less!

The program is valued at \$474! Order by Sat., October 31<sup>st</sup> and pay only \$129 with shipping!

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