

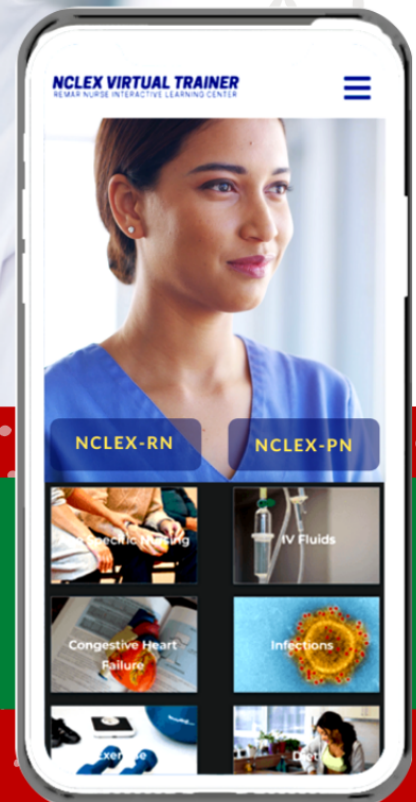


SEE WHAT'S INSIDE THE NCLEX-VT!

WELCOME TO THE

NCLEX VIRTUAL TRAINER

"THE FUTURE OF NURSE EDUCATION"



SEVEN DAYS OF NCLEX FREE NCLEX REVIEW

DECEMBER 26TH - JANUARY 1ST 2021

THIS NCLEX TRAINING OPPORTUNITY IS SPONSORED BY:
REGINA MSN, RN CEO OF REMAR REVIEW





**WE ARE
REMAR!**

BY THE NUMBERS

PREPARED FOR SUCCESS!

ReMar Nurses have a 99.2% NCLEX Success Rate Studying Core Nursing Content.

Established in 2010, ReMar Review has become an industry leader and helped more than 300,000 nurses better understand the Core Nursing Content for NCLEX!

With the NCLEX Virtual Trainer we will give you the tools to effectively prepare for the examination. Along with that we provide a community to support you on your journey to becoming a safe nursing professional.

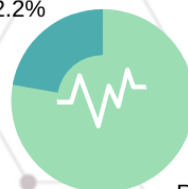
- The NCLEX-RN & LPN test plans and Practice Analysis serve as our guide for content development.
- Our curriculum narrows down the content to emphasize the key topics found on the exam.
- We save time by only teaching the information that a new graduate is expected to know for NCLEX.
- Our streamlined approach to core content builds student's competence and confidence.

We Still Care About the 1%



Our Success Rate 99%

LPN
22.2%



RN
77.8%

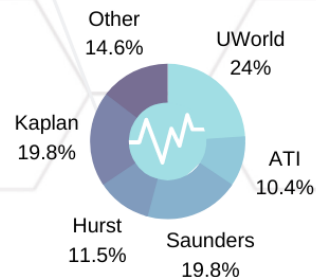
Foreign
8%

1st Time
38%



Repeat
54%

What students previously used
before finding ReMar Review!



SO WHAT'S THE DIFFERENCE ?

We asked 5,000 repeat-testers "What resources have you previously used?" Nearly 25% of the nurses questioned that failed NCLEX reported using **UWorld**; and nearly 20% of those students reported using **Kaplan** prior to their failed attempt.

You can literally do a thousand NCLEX questions and learn hundreds of "strategies" (air quotes) but as one student said after passing "When you sit for NCLEX all of those strategies go out the window if you don't KNOW THE CONTENT!" ReMar focuses on the content because when you know your content your better equipped to answer any question NCLEX gives you! Content is the difference between confidence and anxiety; and passing NCLEX or failing NCLEX. What makes ReMar different? **ReMar is better nursing content!**

Start your journey today at www.ReMarNurse.com

EXPERIENCE THE NEW REMAR NCLEX VIRTUAL TRAINER!

CRITICAL THINKING QUESTIONS

Our researched training model combines the science of nursing with clinical applications to situational awareness and judgement.



INTERACTIVE NCLEX CONTENT

Your virtual training platform contains comprehensive content lectures by Instructor Regina Callion MSN, RN. Each video is fun, easy to understand and engaging, like watching Netflix for NCLEX! Students are also able to take interactive quizzes by selecting on screen questions asked by the instructor.



FULLY MOBILE RESPONSIVE

Phone, Tablet, Laptop, Desktop

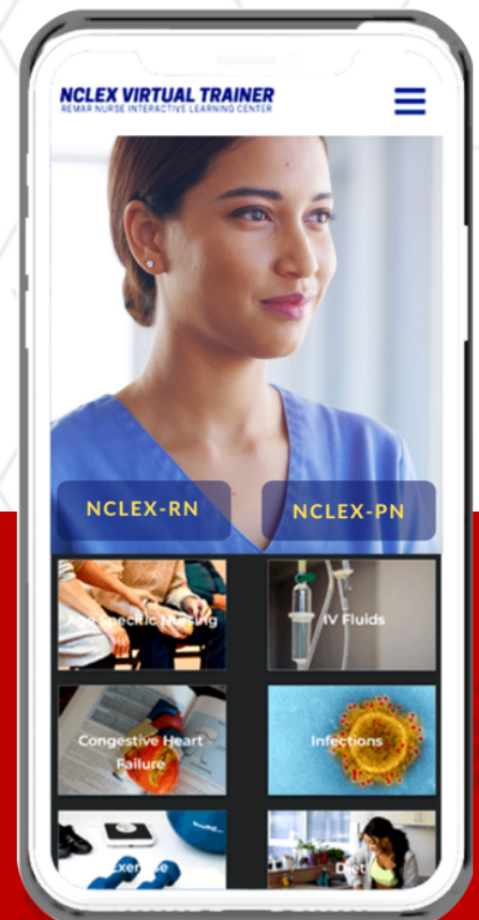
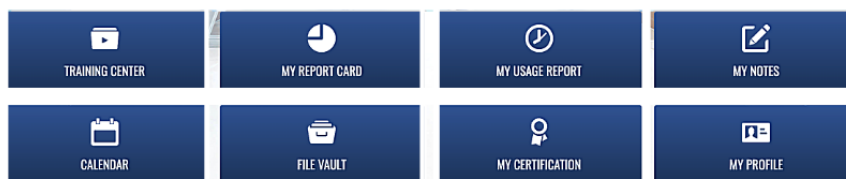


DAILY STUDY CALENDAR

Follow our six-week study calendar to take control of your study routine and pass your state board exam with confidence and **THREE-MONTHS ONLINE ACCESS!**

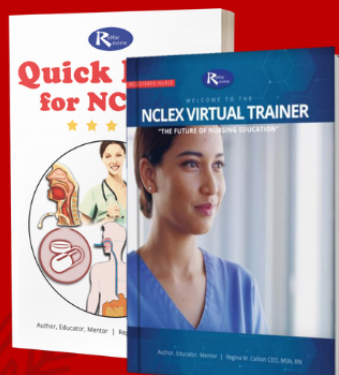
INSTANT ANALYTIC REPORTING

You'll have access to our extensive dashboard with reporting tools, comprehensive analytics, with daily reporting to keep you on track. Your progress reports will demonstrate your readiness for NCLEX!



ONE AMAZING EXPERIENCE

The NCLEX VIRTUAL TRAINER is a state of the art online training platform that also includes the *NCLEX-VT Student Workbook* & *Quick Facts for NCLEX* to optimize your study experience and deepen your connection as you study the core content virtually with professor Regina MSN, RN the #1 Instructor for NCLEX!



On sale for just \$189 (12/26/20 - 01/01/21) (a \$474 Value) at ReMarNurse.com

PASS THE NCLEX WITH REMAR REVIEW

I created the ReMar NCLEX Virtual Trainer in part to give you full control over your NCLEX preparation and training experience!

With this **FREE NCLEX Review class**, brought to you by **ReMar NCLEX Virtual Trainer for RN & LPN**, I want you to see how we break down core content and build your confidence in the testing process. This is your best opportunity to pass NCLEX even if you've failed before. This is the content that you need!

The NCLEX Virtual Trainer (VT) has the best NCLEX **CONTENT, QUESTIONS**, and **ACCOUNTABILITY!**

It's highly recommend and used by thousands of ReMar Nurses to pass NCLEX every single month!

Sincerely with Love,

Your Favorite NCLEX Instructor,
Regina M. Callion MSN, RN



ORDER HERE



SCAN ME

YOU'VE COME TOO FAR TO LEAVE WITHOUT YOUR LICENSE!

The Virtual Trainer is the absolute best NCLEX review. Order your ReMar NCLEX Virtual Trainer now with 3-months online access and two NCLEX Workbooks when you order from ReMarNurse.com

YOU CAN, YOU WILL, YOU MUST, PASS NCLEX!

A MESSAGE FROM YOUR INSTRUCTOR

My grandmother was a double amputee she lost her legs and vision to diabetes. My grandfather had a stroke and couldn't talk, swallow or walk. Some people might think that a teenage girl would feel helpless but I was empowered to provide care. It was the home health nurse Linda who taught me nursing in simple, straight to the point terms and turned my challenge into the opportunity of a lifetime!

Hi, my name is Regina M. Callion MSN, RN and I will be your instructor for the next seven-days and together we're going to turn your challenge of NCLEX into the moment that changes your life!

She wasn't afraid of my lack of experience. Nurse Linda believed in me, just like I believe in you.

As we begin our journey together I want you to see the challenge of passing NCLEX as the opportunity of your lifetime.

Your success in nursing will be determined by your ability to think, plan, decide, and act. The actions you take will be based upon your core content knowledge of the fundamental practice of nursing.

These same skills are necessary as you prepare to take NCLEX®. The stronger you are with the fundamentals, the faster you will learn how to critically think and make the right decisions.

During this event my goal is to help you make the right decision when it comes to choosing the best review for your NCLEX prep – because passing NCLEX is standing in the way of your nursing license!

I'm Going to Make You a Bold Promise!

I beat the odds and as a ReMar Nurse I'm going to help you to do the same. Whether this is your first time taking NCLEX or you've tested 10 times or more, I want to encourage you to stay focused on this one goal and believe in yourself because if you study this content you'll pass NCLEX.

I know that you can pass NCLEX because I've seen it done so many times before. All you need to do is follow the instructions, stay with the schedule, and don't give up.

During the next 7-days you'll be able to get everything you need to pass NCLEX. I'm going to take what's in my head and put it in yours.

Stay focused; put FAITH over fear and invest in yourself - **YOU CAN, YOU WILL, and YOU MUST Pass NCLEX!**



Scan the code to subscribe to my YouTube channel for more weekly nursing content - stay connected!

HOW TO USE THIS NCLEX-VIRTUAL TRAINER SAMPLE WORKBOOK

This workbook is designed to be used in combination with the Seven Days of NCLEX as a demonstration of the ReMar Nurse NCLEX Virtual Trainer online platform. When you're ready to begin your complete NCLEX Review you can place your order directly at www.ReMarNurse.com

You will need this complete workbook to fill in your lectures as you study directly with Regina MSN, RN during each pre-recorded episode of the "Seven Days of NCLEX".

During this event you will study directly with Regina MSN, RN as you watch live via Facebook and YouTube! She will also take you into the NCLEX Virtual Trainer to watch the high-quality video lectures and experience it for yourself to build your confidence during our time together.

Be sure to follow the event and episode schedule on the following pages to make sure that you don't miss anything! It takes four to six weeks to effectively study for NCLEX! During the "Seven Days of NCLEX" we'll study together giving you a full 90-days access. You're also able to extend your access for an additional 30-days if needed.

HOW TO USE YOUR SIX-WEEK NCLEX STUDY CALENDAR

It takes six-weeks to pass NCLEX and we provide you with a step by step daily study calendar to guide you every minute of your journey!

Please note that each day has a specified start and stop time for your studies. Don't worry these are only recommendations for you to see how much time you should be spending with your review material. For example, if the calendar starts at 8:00am and the first activity takes 30-minutes to complete but you choose to begin at 6:30 am - then you can adjust that time to your personal schedule but the activity should still take about 30-minutes to complete.

We recommend that your study time is limited to approximately 3-hrs per day maximum in order to avoid fatigue and NCLEX burnout! This is a recommendation and you may find that you are able to handle more but I want you to be kind to yourself as we go through this process together! We believe that your content should be simple, easy to understand, and straight to the point because great nurses have compassion and know their content.

NCLEX RN Virtual Trainer Study Calendar			WEEK ONE		
Monday			Tuesday		
TOPIC/LOCATION	DONE	TIME	TOPIC/LOCATION	DONE	TIME
8:00 Your study books will be arriving soon!			8:00 Log into the Virtual Training Center		
Now is the time to get comfortable in VT. Log in.			Begin "Before the Books Arrive" Activities		
Now locate the following sections and explore:			Take notes on downloadable worksheets.		
Locate the following sections:			9:00 End Study Session		
Training center: My Notes: File Vault: My Profile:			Mark this task as done		
Calendar: My Report Card: My Usage Report			Take a Study Break for now.		
Once you have completed this task make a			12:00 Complete all "Before the Books Arrive" Activities		
check mark in the done column of this			Take notes on information learned.		
document.			Mark this task as done		
Wednesday			Thursday		
TOPIC/LOCATION	DONE	TIME	TOPIC/LOCATION	DONE	TIME
8:00 R			8:00 Enter the VT Center & Open "Student Workbook"		
9:00 E			8:05 Watch Pregnancy Overview Lettbrink/ Take Notes		
10:00 S			Watch Advanced Clinical Topics:		
11:00 T			(Electronic) Fetal Heart Monitoring		
*Think about a potential test date 8 weeks from now			9:00 Watch Labor & Delivery Overview		
			Complete Clinical Judgement Activities 1 & 2		
			9:20 Open the "Quick Facts for NCLEX" book		
			Complete Pretest, Planner Page XL & pages 3-10		
			Study Allergies, Anticoagulants, Antidiabetics, Antihypertensives in the pharmacology section in back of the book.		
			11:00 End study session and mark task as done.		
Friday			Saturday/Sunday		
TOPIC/LOCATION	DONE	TIME	TOPIC/LOCATION	DONE	TIME
8:00 Watch Neonatal & High Risk Newborn			8:00 REST		
8:20 Watch Infant Heart Defects					
8:35 Watch Pediatric Developmental Milestones					
9:10 Complete Clinical Judgement Activities 3 - 5					
9:40 Complete Maternal & Child Health Progress Exam					
10:00 Open the "Quick Facts for NCLEX" book					
Study the Pharmacology Section: Anticoagulants, Antidiabetics, Antihypertensives & Anti-Parkinsons					
11:00 End study session and mark as done.					

The times listed are suggestions.
Study times should be changed to fit your daily life.

EVENT STUDY SCHEDULE AND CALENDAR!

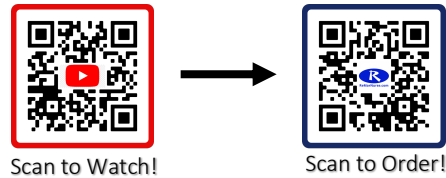
Watch each (1-HR) EPISODE via [Facebook.com/ReMarReview](https://www.facebook.com/ReMarReview) or [YouTube.com/ReMarReview](https://www.youtube.com/ReMarReview)

VT Sale Begins	NCLEX Virtual Trainer Sale Begins!!!
DAY #1 of 7	RN & LPN OVERVIEW CHEST TUBES - (Page 8) Saturday, December 26 th – 8:00 pm EST
(Bonus Event)	ReMar Nurse Party (Night Shift) Live Saturday, December 26 th 10:00 pm EST
DAY #2 of 7	HOT TOPICS PAIN MANAGEMENT - (Page 18) Sunday, December 27 th – 8:00 pm EST
DAY #3 of 7	NCLEX PHARMACOLOGY REVIEW – (Page 24) Monday, December 28 th – 8:00 PM EST
(Bonus Event)	ReMar Nurse Party (Day Shift) Live Monday, December 28 th 12:00 pm EST
DAY #4 of 7	PSYCHOLOGICAL CONCEPTS ABG MADE EASY – (Page 30) Tuesday, December 29 th – 8:00 PM EST
DAY #5 of 7	PREGNANCY TOTAL PARENTAL NUTRITION – (Page 38) Wednesday, December 30 th – 8:00 PM EST
DAY #6 of 7	NCLEX HOMEWORK QUESTIONS REVIEW – (Page 46) Thursday, December 31 st – 8:00 PM EST
DAY #7 of 7	NCLEX OPEN HOUSE QUICK FACTS REVIEW – (Page 52) Friday, January 1 st – 11:00 AM EST
Sale Ends	NCLEX Virtual Trainer Sale Ends ☹️

(HAPPY NEW YEARS! #REMARNURSES)

YOU
CAN.
YOU
WILL.
YOU
MUST.
PASS
NCLEX!

“7-DAYS of NCLEX” Day #1 - ReMarNurse.com



RN & LPN OVERVIEW | CHEST TUBES | SPIRITUAL DEVELOPMENT (1 HR)

Episode begins: Saturday, December 26th, 8:00 pm - 9:00 pm EST

Welcome to Day #1! In today's lesson we're going to teach you exactly how to approach your NCLEX exam. There are five key points that students miss when preparing for NCLEX that if you get this you'll be able to learn the content you need without being surprised when it's time to test.

Not knowing how to study the content is a major cause of NCLEX testing anxiety. We've helped thousands of nurses overcome anxiety and get their license. In this lesson, I want to teach you how WE do it.

These principles will give you the structure to build your confidence and give you a better approach to breaking down the content. At the end of the lesson I will take you directly into the Virtual Trainer for my **sample lecture on Chest Tubes** where you will continue to take your notes and fill in this workbook.

After today you will be an expert on Chest tubes – just like that!

Hey did you know that hospitals have chaplains. Often times, one of my students will message me and say – “I'm really going through a tough time right now, please pray for me”, and so that's exactly what we do.

My goal is to give you the best of what I have and share it with you.

Over the past 10-years God has taken ReMar from a one-on-one tutoring service to the #1 content-based NCLEX review on the market helping tens of thousands of nurses pass NCLEX each year. For me my nursing journey has been a walk of faith; I know I wouldn't be here without God. Mark and I just want to let you know that “With God it's possible. I hope you enjoy day #1 remember to share today's lecture and I'll see you inside of the Virtual Trainer!

INSTRUCTOR REGINA M. CALLION MSN, RN

www.ReMarNurse.com

PS: Remember today is the first day the NCLEX Virtual Trainer sale – order now while supplies last. Please allow 3-6 business days to receive your NCLEX-VT Workbook due to the high volume of orders at the \$189 sales price with 90-days access plus a bonus copy of my “First Shift Book”!

RN & PN TEST OVERVIEW

NCLEX Overview Point 1	
NCLEX Overview Point 2	
NCLEX Overview Point 3	
NCLEX Overview Point 4	
NCLEX Overview Point 5	

NCLEX PRACTICE EXAM

1. A nurse is caring for a client with a “Comfort Measures Only” order from the healthcare provider. Which of the following should be on the interdisciplinary team? Select all that apply.

1. Registered Nurse
2. Pharmacist
3. Dietician
4. Healthcare Provider
5. Chaplain
6. Respiratory therapist

NCLEX Case Study #1

A 63-year-old male is admitted to the medical surgical unit after an emergency pleural biopsy and thoracic ultrasound. The client has a closed drainage chest tube on the right side. He reports no pain and is currently in stable condition.

2. Which of the following is an expected auscultation finding involving a collapsed lung?

1. Adventitious breath sounds
2. Rhonchi
3. Absent breath sounds
4. Stridor

3. The healthcare provider has ordered a computerized tomography (CT) scan. The priority nursing action during transportation with the chest tube *in situ* is which of the following?

1. Monitor the client's level of pain.
2. Keep client NPO before the exam.
3. Reinforce the dressing at the insertion site before transportation.
4. Keep the chest tube upright and below the level of insertion.

4. While standing for proper positioning during the CT scan the client's chest tube becomes dislodged which is the priority action by the nurse?

1. Clamp the chest tube at the base of the unit.
2. Notify the healthcare provider.
3. Reinforce the dressing at the insertion site before transportation.
4. Keep the chest tube upright and below the level of insertion.

End of case study.

5. A nurse is caring for a client with a nasogastric tube. The healthcare provider has ordered this intervention to assist decompression. Which of the following is the most important action for the nurse to take?

1. Discontinue wall suction during treatment times.
2. Discontinue wall suction when the client complains of pain.
3. Maintain a semi-fowler's position.
4. Provide protection care to the nares every 8 hours.

6. A client with a heroin addiction admits to frequent relapses. The client states “All people with addiction have relapses, this is normal.” The nurse is aware this statement is an example of:

1. Sublimation
2. Denial
3. Rationalization
4. Anger

7. A 38-year-old client, newly diagnosed with stomach cancer only has a few months to live. After a severe episode of pyrosis and indigestion the client states “This is just heartburn. I will be fine in a few hours.” Which is the best response by the nurse?

1. “You are avoiding the truth, this is stomach cancer.”
2. “It is stomach cancer that you are experiencing.”
3. “You are in denial, the healthcare provider told you that your diagnosis was stomach cancer.”
4. “Tell me more about your illness.”
5. “I will ask the healthcare provider to come back in and speak to you.”

8. A nurse is preparing to discharge a refugee living alone in Canada. The client does have a son who lives in a nearby province. The client will need help with daily personal care. Which of the following is the most appropriate action to include in a discharge planning?

1. Assess the client’s ability to have close neighbors offer assistance.
2. Consult with social work for a long-term placement admission.
3. Recommend to have a skilled healthcare worker provide in home care.
4. Recommend to have the son stay with the father for a few days.

9. A nurse is caring for a client two days post-operative a left hip replacement. Upon entering the room the client tells the nurse “I have completed my incentive spirometry and deep breathing exercises as you requested.” Which is the best response by the nurse?

1. Document the statement in the nurse’s notes.
2. Ask the client to explain how he completed the procedure.
3. Encourage the client to notify the nurse when doing the incentive spirometry and deep breathing exercises.
4. Request the client repeat the treatments in her presence.

10. A nurse is attending an educational conference on the possible dangers of narcotic treatments in certain populations. A narcotic medication should be avoided in which client?

1. The client with a history of alcohol abuse.
2. The client with a neurological impairment. Diminishes level of consciousness and pupil response.
3. The client refusing to participate in education regarding his current medications.
4. The client with rectal bleeding.

CHEST TUBES

A.) Chest tube is a _____ drain that allow fluids or air to escape the pleural space

Remember normal breathing works on _____.

Negative pressure is the idea that when humans inhale it is a result of the diaphragm contracting and moving down and the rib muscles move out. This causes the lungs to expand. The pressure inside the lungs drops. And it is the negative pressure that sucks the air in.

Chest tubes are needed whenever the _____ in the pleural space is disrupted.

Tension pneumothorax- _____ is in between _____ and _____ which can be caused by trauma, surgery, falls etc. Outside air creates a one way valve inside the lung.



Classic signs of a tension pneumothorax:

Trachea deviation	Yes

This is a medical emergency, client needs treatment right away!

Treatment of tension pneumothorax:

B.) Chest tube Setup: All chest tube systems have these three chambers

Collection chamber	Water Seal	Suction Control
Purpose is to: Notify primary healthcare provider 1. 2.	Purpose is to: Allow a _____ to exist from pleural space during _____ & _____ air to enter the pleural space during _____. Bubbling/Tidaling Continuous Intermittent	Amount of suction applied to the client. Both water seal and suction control have water in them. Bubbling/Tidaling Continuous- Intermittent-

C.) Care of a client with a chest tube

- 1) Assess client for:
- 2) Chest tubes should be placed _____ chest level.
- 3) Do not milk or strip chest tube without a doctor's order.
- 4) Daily _____ x-rays are needed to check _____.
- 5) Clients will have an _____ dressing at the insertion site.
- 6) Never clamp a chest tube without a M.D. order.

D.) Common NCLEX troubleshooting

1. Noticed the water seal is broken
 - A. Place the distal end of the tube in 2 cm of sterile water.
2. Pulled the chest tube out
 - A. Use a _____.
 - B. Cover the opening with an _____.
 - C. _____ the dressing on _____ sides only so that you can allow:

Critical Think: What is the difference between a regular sterile dressing & an occlusive dressing?

3. Complaints of pain won't comply-medicated and have the client to cough and deep breath
- A.
 - B.

For NCLEX you have at the bedside of a client with a chest tube.

- 1.
- 2.
- 3.

Critically Think Future Nurses

1. What kind of lung sounds would the nurse expect to hear with a client who needs a chest tube? Select all that apply.

- 1. Wheezes
- 2. Crackles
- 3. Stridor
- 4. Diminished
- 5. Pleural friction rub

2. When caring for a client with a chest tube what should the nurse do to evaluate the effectiveness of the chest tube?

- 1. Empty chest tube drainage every shift
- 2. Mark chest tube drainage every shift
- 3. Clamp the chest tube when transferring the patient
- 4. Add water to the water seal chamber when she notices it is low

3. What should be done once the fluid in the water seal chamber no longer fluctuates with inspiration or expiration?

4. After a client has his chest tube removed by the healthcare provider which dressing should the nurse have ready to place over the incision site?

- 1. Transparent film dressing
- 2. Xeroform petroleum dressing
- 3. Seaweed healing dressing
- 4. Sterile cotton dressing

MEET TODAY'S FEATURED NURSE,

ReMar Nurse Kristin RN!



Hey ReMar family my name is Kristin. I wanted to let you know I was successful on my NCLEX on my 7th attempt thanks to the ReMar NCLEX Virtual Trainer Review and their Question Bank!

I could not have done it without them. Their review is amazing and Regina and Mark are there for you all the way! From Regina's videos in the Virtual Trainer, to their Monday Motivation, to their interaction in the study group.

Their review is not [bulky] compared to some others, I took it seven times before being successful.

**I've done NCSBN, I've done HURST,
I've done KAPLAN, I've done Mark K
Audios, and I've done UWORLD.**

I've done many resources and I strongly believe this review is what helped me be successful.

The Quick Facts is like the bible for NCLEX, if you can spout this off the top of your head you know it forward and backwards it will come in handy I promise. The Virtual Trainer is GREAT!

Regina really breaks it down so it's simple and what you need to know. The ReMar QBANK is amazing as well. I feel like my questions on NCLEX were kind of vague and the actual test didn't have all these details as these other reviews have in their questions. It was very simple and to the point. If you have confidence in yourself and in your content knowledge you can and will be successful.

It took me seven times to get to that point but once I knew my content and how-to breakdown the questions, and I got that from ReMar and I was successful. So, I just want to say,

YOU CAN. YOU WILL YOU MUST PASS NCLEX and I DID PASS NCLEX! DO NOT GIVE UP!

If you don't have the NCLEX Virtual Trainer Review, purchase it now!

I promise, promise, promise you will not regret it and one day you will be sitting there making your success video to tell the world that you passed! If you do have it, keep studying, have confidence, and have faith you can do it!

YOU
CAN.
YOU
WILL.
YOU
MUST.
PASS
NCLEX!

“7-DAYS of NCLEX” Day #2 - ReMarNurse.com



Scan to Watch!



Scan to Order!

HOT TOPICS for NCLEX | PAIN MANAGEMENT (1-HR)

Episode begins: Sunday, December 27th, 8:00 pm – 9:00 pm EST

You sit down for NCLEX after weeks and months of studying and it hits you like a bomb – a topic that you never seen or studied before. They didn’t cover it in nursing school and it wasn’t amongst the hours of questions you spent time with on Uworld and NCLEX Mastery App. Oh no!

In today’s lesson I’m going to teach you how to study the newest topics for NCLEX and be prepared for boards even if you’ve never heard of the topic before. We won’t be able to cover everything in this one-hour session but studying these topics now will give you a better foundation of content so that NCLEX won’t take you by surprise! Especially as a repeat-tester!

At the end of today’s lesson, I’ll take you directly into the NCLEX Virtual Trainer to go more in-depth with one of today’s Hot Topics on Pain Management where you will continue taking your notes and build out this workbook.

INSTRUCTOR REGINA M. CALLION MSN, RN

www.ReMarNurse.com

Ps: Remember today is the second day of the NCLEX Virtual Trainer sale – order now while supplies last. Please allow 3-6 business days to receive your NCLEX-VT Workbook due to the high volume of orders at the \$189 sales price with 90-days access a \$474 value.

HOT NCLEX TOPICS

<p>1. _____</p>	<p>Pediatric population:</p> <p>NCLEX Question: Which of the following children would be most dangerous to our _____ client?</p> <ol style="list-style-type: none"> 1. The child with varicella. 2. The child with influenza. 3. The child with active bleeding. 4. The child with cystic fibrosis. <p>Can they _____ after treatment?</p>
<p>2. Nursing _____</p>	<p>What are they responsible for?</p> <p>Can they delegate?</p>
<p>3. _____</p>	<p>Can the UAP apply restraints?</p>
<p>4. <u>Comfort Measures</u> (care) Only</p>	<p>What can the client have?</p> <p>Can the client eat what they want?</p> <p>Supplemental oxygen:</p> <p>IV fluids:</p> <p>Cardiac Monitoring?</p> <p>Dialysis?</p> <p>Nausea Medication?</p>

<p>5. _____</p> <p>Surgical? Migraine? Labor? Renal calculus? Rheumatoid?</p>	<p>1. 2. 3. 4. Level of consciousness</p>
<p>6. _____</p>	<p>F I C A</p>
<p>7. _____</p>	<p>You need to know the order the cycle occurs.</p>
<p>8. _____</p>	

PAIN MANAGEMENT

Pain is _____. It can feel different from client to client.

Pain can be _____ or _____.

Rating	Technique
Adults	
Babies/Children	

Non-verbal cues of pain

Pain is experienced differently because of:

Routes for pain medication:

Patient controlled analgesia (PCA) Pump

NCLEX notes about PCA Pumps.

Critical thinking question:

Should the nurse teach about PCA pump before or after surgery?

2 Things to Monitor

1.

2.

ReMar Tip: This is a lot of information to learn but you are doing great!

MEET TODAY'S FEATURED NURSE,

ReMar Nurse Amanda RN!



It's taken me a week to post this video but I do want to let you know I'm officially a ReMar Nurse.

I do want to give special thanks to Regina and her team because her software and everything are amazing! My GOD SEND was the Virtual Trainer!

The book will make you pass the NCLEX. I took the NCLEX FIVE TIMES before passing!

That's four failures and I must say even though I got 130 questions 26 of them were Select All That Apply, 5 of them were put the steps in order.

**I WAS MORE CONFIDENT
BECAUSE OF THE VIRTUAL TRAINER!**

The Virtual Trainer makes you accountable.

It makes it so you have to understand that information. Her explanation of things like ABGs was "God Sent"!

You will be able to understand it and teach it to someone else!

So please, please if you're struggling get the ReMar Virtual Trainer it will help you.

I can almost guarantee you'll pass! Thank you to Regina I'm a ReMar Nurse!

YOU
CAN.
YOU
WILL.
YOU
MUST.
PASS
NCLEX!

“7-DAYS of NCLEX” Day #3 - ReMarNurse.com



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NCLEX PHARMACOLGY REVIEW | SPIRITUAL DEVELOPMENT (1-HR)

Episode begins: Monday, December 28th, 8:00 pm – 9:00 pm EST

Welcome to Day #3 - Today's review will answer the question "What is the best way to study pharmacology?" "Once and for all!"

There's a way to study pharmacology and I'm going to show you how. Some of the information we'll study today comes from the pharmacology section in the rear of Quick Facts for NCLEX.

If you like what you learn in today's review during our time together I absolutely know that you'll love the newly updated NCLEX Virtual Trainer (VT) that you can purchase during this event. With the VT you can complete your studies in the next 6 to 8 weeks (ReMarNurse.com/NCLEXVT).

All too often students make the mistake of just trying to remember drugs for NCLEX, they fall into the trap of studying medications out of context. For best results, pharmacology has to be studied within the complete system of the disease and treatment process because when you understand the process you'll understand the drug treatment and build your confidence for passing NCLEX!

By now I hope you've already placed your order for the Virtual Trainer. If so your books are either on the way or in your hand. Worst case scenario we've run out of inventory and we're doing everything possible to restock before the sale ends on Friday, January 1st, 2021!

INSTRUCTOR REGINA M. CALLION MSN, RN

www.ReMarNurse.com

PS: Please allow 3-6 business days to receive your NCLEX-VT Workbook due to the high volume of orders at the \$189 sales price with 90-days access a \$474 value.

PHARMACOLOGY

Drug Interactions for NCLEX

There are 3 types of drug interactions.

- 1
- 2
- 3

1.

A substrate -

The major substrate for NCLEX is DIGOXIN. If a client is taking digoxin it can react with both an inducer or inhibitor.

Medications that increase Digoxin levels

1.

2.

3.

4

Critical Thinking Question:

1. A newly admitted client takes digoxin 0.25 mg/day. The nurse knows that which is the serum therapeutic range for digoxin?
 - 1 0 to 0.5 ng/mL
 - 2 0.5 to 2.0 ng/ mL
 - 3 0 to 2.0 ng/ mL
 - 4 2.0 to 4.0 ng/ mL
- 5 Before administering digoxin which of the following would be most important to assess a client for?
 1. Hypocalcemia
 2. Hypokalemia
 3. Hypotension
 4. Atrial fibrillation

Major Inducers

These medications will make a medication more potent because the body will metabolize it quicker.

Major Inhibitors

These drugs will stop a medication from working because the body will not be able to metabolize the medication.

- Grapefruit
-
- Cimetidine (Tagamet)
-
-
- Phenobarbital
- Carbamazepine
- Amiodarone- increases warfarin & digoxin
- St. John's Wort

Medications Safe with MAOI's - MAOI have a variety of food and drug interactions. It is best to remember the drugs SAFE to take with MAOIS as there are just a few exceptions the acronym is: IMALE

I	
M	
A	
L	
E	

Ototoxic Agents

NCLEX Pharmacology Clinical Case Study 1

Healthcare provider Orders

1.	0.9% NS at 125 mL/hr. given for hydration
2.	
3.	Laboratory work reveals K+ of 3.1
4.	
5.	
6.	Ciprofloxacin 400 mg IV every 12 hours
7.	Repeat urine specimen for foul odor

Healthcare Provider Progress Notes

0900: Mary Jane, 64 had ingested an overdose of benzodiazepines with a large glass of wine. Because this was unknown when entering the emergency department, the client received several interventions to reverse the possible cause of the condition.

1. **Mary Jane, was transferred to the medical-surgical unit. Using the call light, she requests to see the registered nurse immediately. Upon arrival of the nurse, Mary Jane is pacing around the room displaying symptoms of psychosis. Mary Jane admitted to using cocaine in the bathroom for an energy rush to get her through the day. Her current vital signs:**

Heart rate-113

Respirations- 32

Blood pressure- 142/98

Temperature- 98.9

After notifying the healthcare provider which medications should the nurse anticipate to administer? Select all that apply.

1. Nicotine
2. Propranolol
3. Haloperidol
4. Diazepam
5. Caffeine

2. **The following day the unlicensed assistive personnel reported Mary Jane to be lethargic and unable to respond to verbal commands. The registered nurse obtained a capillary glucose reading of 48 mg/dL. She reported the finding to the healthcare provider. Which of the following orders would be the most effective intervention?**

1. 10% Dextrose at 5 mL/hr. until stable
2. Three Glucose tablets (15 grams of Glucose gel)
3. Glucagon IM 1 mg
4. Ritodrine IV

3. **Carl Jane, the husband of the client comes for a visit. He tells the nurse that when Mary discusses her best friend's death, she uses more drugs. Which members of staff should be included on the interdisciplinary team? Select all that apply.**

1. Pharmacist
2. Healthcare provider
3. Nurse
4. Occupational therapist
5. Dietician
6. Psychologist

4. **Mary Jane is discharged home with a prescription for a short-term anxiety medication. She asks the nurse if she can take the anti-anxiety medication with only 1 glass of red wine. What is the best response by the nurse to the client?**

1. "The wine mixed with the medication will cause a dangerously high level of your blood glucose reading. You should not drink and drive."
2. "The medication may be taken with 1 glass of wine is safe but no more than that."
3. "Combining the alcohol and medication could kill you as the mixture is lethal."
4. "Are you worried you will not be able to maintain your sobriety?"

MEET TODAY'S FEATURED NURSE,

ReMar Nurse Rashanne RN!



I passed my NCLEX on November 10th with just 75 questions using strictly ReMar! I used the Virtual Trainer and Quick Facts books and I have all my notes in there!

I also watched Motivational Mondays and did the questions. I watched every video Regina has ever done on YouTube and listened to the Radio Podcast just to be able to study.

I passed in 75 questions and it was great!

This was my third time taking this test.

I took it once in July and [I failed] again in September.

I felt defeated in July, and I felt defeated in September but [I got the Virtual Trainer].

“I prayed and prayed - then I used, strictly ReMar products.”

It was awesome, you have to get the Virtual, it is a LIFE SAVER!

Regina goes through everything step-by-step, it is a wonderful tool to use whether you're just starting nursing school or you've taken this test once, twice, seven times, or fifteen times; this will help you get through.

With the help of God, my mom, and my kids; they pushed me to go through everything.

During this time, I was divorced and so depressed, I was so upset, I didn't know what I was going to do. I thought maybe going down this road just wasn't for me but they [Mark & Regina] showed me that I can do anything and that they were there to support me and it worked!

For anyone who is taking this, please don't get discouraged. It may look hard but nothing in this life worth having comes easy. Pray, trust God, and use strictly ReMar! I can I will and I did pass NCLEX, using ReMar. I AM A REMAR NURSE.

YOU
CAN.
YOU
WILL.
YOU
MUST.
PASS
NCLEX!

“7-DAYS of NCLEX” Day #4 - ReMarNurse.com



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PSYCHOLOGICAL CONCEPTS | ABGs MADE EASY (45-MIN)

Episode begins: Tuesday, December 29th, 8:00 pm – 9:00 pm EST

So, whose fault is it when Nursing Students don't understand important subjects for NCLEX?

Two years ago, I finished teaching a class in South Florida and a small group of students came up at the end and thanked me for reviewing their school.

One student nurse said she had the hardest time with Arterial Blood Gas (ABGs) Interpretations before the class and her teacher never really explained it. She was shocked about how easy it was to learn once we opened the workbook and studied it together (it took less than 5-minutes).

In today's lesson I'm going to teach you a few of the most important Psychological concepts for NCLEX and of course how-to breakdown the ABGs in less than 5-minutes!

So, whose fault is it when students aren't prepared for NCLEX?

The reality is NCLEX isn't concerned about whose fault it is! It's only objective is to make sure that you're a safe and competent nursing professional capable of saving a life and reducing medical errors.

We all have our role to play. The school is responsible for teaching but it's your name that goes on the license. I created the NCLEX Virtual Trainer to help you Take Control over your nursing career. During the “7-Days of NCLEX” I've lowered it to less than one-third of the cost, just \$189 (a \$474 value)!

My goal is to help you remove all excuses and finally get your nursing license!

You can, you will, you must – pass NCLEX!

INSTRUCTOR REGINA M. CALLION MSN, RN

www.ReMarNurse.com

PS: Please allow 3-6 business days to receive your NCLEX-VT Workbook due to the high volume of orders at the \$189 sales price with 90-days access a \$474 value.

PSYCHOLOGICAL CONCEPTS

1.

_____ is an acute _____ change that
is reversible with _____.

Causes:

S	
I	
D	
E	

Assessment note:

Memory Impairment Note: Client will have a decreased short-term memory

Treatment:

NCLEX Point: Research shows that even experienced nurses confuse the symptoms of delirium with dementia.

2. Dementia

Dementia is a _____ progressive
_____ that has no cure. The disease also affects

- 1.
- 2.
- 3.

The most common form of dementia is _____.

Critically Think

Is Alzheimer's disease considered a mental illness?

Know the _____ of Alzheimer's Disease and also find these in Quick Facts

1. _____ - inability to use an object correctly, client is unable to recognize what it is for.
2. Alexia -
3. _____ - inability to communicate
4. _____

3. Stages of Alzheimer's

1. Mild/Early	
2.	A's Agnosia Alexia Aphasia Apraxia
3. Severe/ Late	Incontinence of bowel and bladder Further decline in cognitive and psychomotor coordination.

Treatment

_____ and _____ should be provided by the nurse.

When _____ is not appropriate then

_____ is the next action.

NCLEX Tips: Other Nursing Interventions

1. Maintain a strict schedule to promote a sense of security
2. Keep a calendar/clock in sight.
3. Keep familiar objects such as family photos and objects from the past in the client's environment.
4. Address the client's caregivers to provide support.

4. _____

These clients are _____ to _____.

	Depression = Extreme Sadness	Mania = Extreme elation
Signs	*all signs are negative* No pleasure in things Crying Suicidal Thoughts	*all signs are positive* Impulsive Pleasure seeking
Similarities		
Treatments The treatment is the same for both.	Laboratory test:	Mood stabilizers, Counseling, lithium Antipsychotics No laboratory test for mania.

Critically think: Circle the diagnosis based on the symptom.

1. Difficulty accepting compliments	Depression Mania
2. Bizarre dress	Depression Mania
3. Euphoria	Depression Mania
4. Fear	Depression Mania
5. Impulsiveness	Depression Mania

NCLEX Safety Point	Depression: Nursing Interventions:
	Mania: Defensive and against authority

5. _____ - can't tell the difference

between _____ and _____.

Disease is _____ and requires _____ treatment.

Positive Psychotic Symptoms

1. Delusions-
2. Hallucinations-
3. Neologism-
4. Echolalia- constantly repeating something they heard
5. Flight of Idea- jumping from topic to topic during conversation

Negative Signs: mute catatonic, suicidal, homicidal

Treatment:

Medical: Antipsychotic medications

Environmental: Nurse behavior

Use _____

Sit in silence

Set _____

Nursing Care:


1. Always keep in mind _____.
2. _____ their _____.
3. Present _____.
4. Set _____.
5. Avoid _____ the _____.

BLOOD GAS INTERPRETATION BY NUMBERS

pH	HCO ₃
Below 7.35=	
Above 7.45 =	

THINK R.O.M.E.! Respiratory Opposite Metabolic Equal

A.) How would you interpret this blood gas? pH 7.53 PaCO₂ 33 HCO₃ 33 PaO₂ 72

pH 7.53  HCO₃ 33 = _____

B.) How would you interpret this blood gas? pH 7.10 PaCO₂ 24 HCO₃ 45 BE 3

pH 7.10 _____ HCO₃ 45 _____ = _____

C.) How would you interpret this blood gas? pH 7.32 PaCO₂ 35 HCO₃ 17 PaO₂ 89

pH 7.32 _____ HCO₃ 17 _____ = _____

BLOOD GAS INTERPRETATION BY DIAGNOSIS

1st question: Is this a breathing problem?

Yes	No
R	M
Respiratory Alkalosis=	Metabolic Alkalosis=
Respiratory Acidosis=	Metabolic Acidosis=

Critically Think:

- 1) Which blood gas value would you expect to see in a client with a pulmonary embolus
- 2) Which blood gas value would you expect to see in a client who has diabetes mellitus type 2?
- 3) Which blood gas value would you expect to see in a client who has chronic obstructive pulmonary disorder?
- 4) Which blood gas value would you expect to see in a client who has a pancreatic fistula and diarrhea?
- 5) Which blood gas value would you expect to see in a client 26 weeks pregnant with hyperemesis gravidarum?

*For NCLEX you do not have to worry about compensated or partially compensated blood gas interpretation.

MEET TODAY'S FEATURED NURSE,

ReMar Nurse Maritza LPN!



Hi. ReMar Nurses, it's Maritza here!

I wanted to come on and encourage you ladies and really let you know to keep pushing, keep studying because there is a light at the end of the tunnel, and at the end of the day, we all want the one goal, right? The need to pass the NCLEX!

I just want to say thank you to Professor Regina, the ReMar Virtual Trainer.

I purchased this program a couple weeks before I finished my nursing program, and I wanted to just say thank you because their workbook, their videos, the lectures, the Facebook lives, all the work that they really put into this study program for us is really, really worth it.

"I really recommend this to you guys. Where ever you are in your journey; preparing for the NCLEX or preparing for graduation."

After graduation, it's a very stressful time, we have to prepare to finish school and pass NCLEX and get our license.

I really liked the Virtual Trainer it allowed me to schedule a calendar for myself. It allowed me to set up a couple hours a day to really get my studying in. It allowed me to create a schedule and set up a time so that I could actually have a good study set up!

The Quick Facts for NCLEX book and the NCLEX VT workbook, those are really, really good resources to just hang onto. I was carrying my workbook everywhere, it's something good to just carry with you and pick it up to review in your mind, it's something tangible that we have.

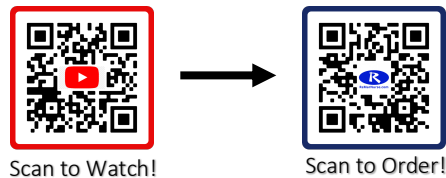
Regina does a really good job of explaining and breaking down just everything in the lectures. I really think that the whole material that was covered in ReMar Virtual Trainer actually helped me as far as the foundation and how to break down these questions during NCLEX.

I really went back to the knowledge that I learned in this program and it helped me to be able to pass and I passed with a minimum of question 75 questions!

I encourage you guys don't give up. You guys will pass. You guys can do it. God will help you. I really encourage you guys to check out this program. It's really, really good.

YOU
CAN.
YOU
WILL.
YOU
MUST.
PASS
NCLEX!

“7-DAYS of NCLEX” Day #5 - ReMarNurse.com



PREGNANCY | TOTAL PARENTAL NUTRITION (45-MIN)

Episode begins: Wednesday, December 30th, 8:00 pm – 9:00 pm EST

In today's lesson we're going directly into the NCLEX Virtual Trainer for two advanced study sessions!

I want to impress upon you what it's like to study NCLEX content in an organized way. There is a difference in the quality of education that you'll get from resources that you'll find on Facebook, YouTube, and free downloadable apps vs. when you invest in the resources that are designed to help you reach your nursing goals.

If you're new to ReMar I have hundreds of FREE videos on YouTube and Facebook that you can go and watch right now. I've done this every Monday at noon for the past three-years!

Thousands of nurses have passed NCLEX with ReMar because they saw the free lessons and saw that they could understand the content! They took the next steps, made the investment and got their nursing license!

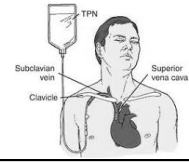
Passing NCLEX isn't a mystery - I just want to show you that I can be done because I believe in you.

You can learn the content in a simple straight forward way with a structured, organized, comprehensive NCLEX review you can, you will, you must – Pass NCLEX!

INSTRUCTOR REGINA M. CALLION MSN, RN

www.ReMarNurse.com

PS: Today is the fifth day the NCLEX Virtual Trainer sale – order now while supplies last. Please allow 3-6 business days to receive your NCLEX-VT Workbook due to the high volume of orders at the \$189 sales price with 90-days access a \$474 value.



TOTAL PARENTERAL NUTRITION

What are the nutrients going through?

Who needs TPN?

Examples

The goal of TPN is to _____.

What labs to monitor?

What electrolyte imbalances can TPN cause?

What is your emergency substitute for TPN?

How do you stop TPN?

PREGNANCY

A.) Human chorionic gonadotropin (HCG) is the hormone responsible for pregnancy.

B.) Probable Signs

1. Hegar's sign
- 2.
3. Chadwicks sign-
- 4.

C.) Positive Signs

- 1.
- 2.
- 3.

D.) Naegele's Rule (*NCLEX will give you the last date of the menstrual period.)

1. add _____ days
2. subtract _____ months
3. add _____ year

*Best Calculation for months April to December

Practice Question: LMP- May 5, 2018

What is the estimated due date? _____

NCLEX Pro Tip: If LMP falls between January to March Add 7 Days to LMP then add 9 months

E. Monthly Doctor's Visits and Milestone Markers

Months	Doctor's Visits & Milestone Markers
Up to 28 weeks	16 weeks -
	Bi-weekly doctor visits
	28 weeks -
	Weekly doctor visits
	36 weeks-Rapid fat production
	Lightening -

1. Gravidity	
2.	

Critical Thinking Question: A woman has 4 children (2 singles and a set of twins) what is her parity?

F. Diagnostic Procedures:

1.

Indication	<ol style="list-style-type: none">1. Fetal Lung maturity2.
Administration	Invasive Procedure:
Client Teaching	<p>4 NCLEX Teaching Points for Registered Nurses</p> <ol style="list-style-type: none">1.2.3.4. <p>Watch for:</p>

2.

Indication	
Administration	Rh (D) Immune Globulin Rhogam Administration When to give?
Client Education	Indirect Coombs Test

3.

Indication	1. 2. 3.
Administration	Results- Reactive is negative = Non-reactive=
Client Education	

G. 6 Points of Client Education:

1. Morning Sickness	
2.	
3.	
4. Diet	
5.	
6.	

MEET TODAY'S FEATURED NURSE,

ReMar Nurse Kaitlin RN!



Hi, everyone. My name is Kaitlin and I am a ReMar Nurse.

I've passed my NCLEX RN in August.

And this was my sixth-time taking the test, and I felt defeated and down.

"I used the Virtual Trainer along with Quick Facts for NCLEX and the Question Bank and I passed with 130 questions."

The program is a great program!

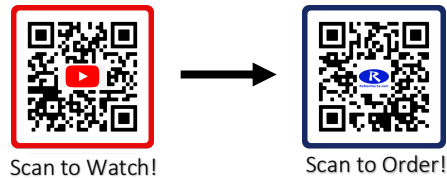
As long as you know your content, you can decipher the questions and that's exactly what the ReMar VT does for you.

The question bank was phenomenal, the NCLEX questions with the rationales were extremely helpful.

I hope that this helps other people, and hopefully everyone becomes a ReMar Nurse.

YOU SAY IT!
I CAN.
I WILL.
I MUST.
PASS
NCLEX!

“7-DAYS of NCLEX” Day #6 - ReMarNurse.com



REMAR NURSE NCLEX QUESTIONS REVIEW (1-HR)

Episode begins: Thursday, December 31th, 8:00 pm – 9:00 pm EST

In just a few hours, millions of people across the US and worldwide will be gathering at midnight to watch the ball drop! ReMar Nurses thank God for a New Year but we're not dropping the ball especially when it comes to NCLEX!

This year we're doing it this the right way; we have the winning formula and a proven way to pass NCLEX.

We're not trying to do 100 NCLEX questions a day.

We're not wasting time with complex and complicated test taking strategies.

We're not going to allow fear, anxiety, or failure keep us from reaching our goal.

There is a way to pass NCLEX – we're going to study the content and then answer the questions.

We're not going to spend five and six hours a day with this.

We're not renewing subscriptions for UWorld over and over.

We're not paying for \$300 for the same NCLEX Review that failed and didn't work the last time.

We're studying the content and then answering the questions – that's the plan.

Do this for the next six weeks, follow the calendar, reduce your study time to about 2hrs a day and let's get this done! We can, we will, we must – Pass NCLEX!

INSTRUCTOR REGINA M. CALLION MSN, RN

www.ReMarNurse.com

PS: Today is the second to last day the NCLEX Virtual Trainer sale – order now while supplies last. Please allow 3-6 business days to receive your NCLEX-VT Workbook due to the high volume of orders at the \$189 sales price with 90-days access a \$474 value.

NCLEX Case Study #1

A 55-year-old male was admitted to the psychiatric unit for management of schizophrenia. He isolated himself by remaining in his room and was observed to be staring at the ceiling, his head leaning to one side, and speaking to himself. He refused his food and medications because he said they were poisonous.

1. Which form of schizophrenia should the nurse document for the client?

1. Paranoid
2. Catatonic
3. Disorganized
4. Depressive

2. Which of the following areas are most important to the mental status assessment of this client? Select all that apply.

1. Diet
2. Hearing
3. Judgement
4. Thought process
5. Pupillary dilatation
6. Personal appearance

3. Which of the following indicators are diagnostic criterion for schizophrenia? Select all that apply.

1. Enhanced intellectual skills
2. Severe physical disability
3. Severe anxiety
4. Word salad
5. Fixed false beliefs

4. Which of the following behaviors is the nurse most likely to observe when caring for this client?

1. Regression
2. Suspiciousness
3. Emotional outbursts
4. Abnormal body posturing

5. Which of the following nursing strategies is most appropriate to address this client's lack of desire for social interaction?

1. Conduct only one-on-one counseling sessions with him.
2. Initiate weekly group interaction as the main focus of therapy.
3. Keep interactions short, frequent and non-demanding.
4. Offer infrequent attempts to establish a relationship with him.

6. Which of the following pharmacological agents would be most appropriate for this client? Select all that apply.

1. Diazepam
2. Haloperidol
3. Fluphenazine
4. Lithium carbonate

End of case study.

7. A nurse is caring for a child with bacterial meningitis. Which of the following would indicate the child has developed disseminated intravascular coagulation?

1. Cyanosis
2. Pedal edema
3. Hemorrhagic skin rash
4. Lower side flank pain

8. A 6-year-old child is scheduled for a lumbar puncture. The nurse should place the client in which position for the procedure?

1. Side-lying with legs pulled up and head bent down to the chest
2. Supine with a pillow under the shoulders
3. Prone with a pillow under the abdomen
4. Prone with a pillow under both knees

9. A nurse is evaluating the lumbar puncture results of a child diagnosed with bacterial meningitis. Which of the following laboratory results would she expect?

1. Clear CSF, decreased glucose, decreased protein
2. Cloudy CSF, elevated protein, decreased glucose
3. Cloudy CSF, decreased protein, decreased glucose
4. Bloody CSF, elevated protein, decreased glucose

NCLEX Case Study #2

A community health nurse visits a 52-year-old spiritual healer who is being treated for diabetes and a non-healing venous ulcer on his right foot. The client tells the nurse he has stopped applying the antibiotic ointment and taking his insulin lispro on the advice of a herbal healing book. He is wearing a religious medal that was acquired after reading the herbal healing book.

10. Which question about the medal would be most appropriate for the nurse to ask?

1. "Will you tell me the significance of the medal to you?"
2. "What is the reason for wearing the medal?"
3. "Do you think that the medal will help heal your foot?"
4. "Do you want to wear this metal in the hospital?"

11. The client agrees to be treated in the local hospital. The healthcare provider orders an x-ray of the right foot. The client insists on wearing the medal. Which of the following is the most appropriate action for the nurse to take?

1. Removing the medal in the client's room and wearing it until the client returns from the x-ray.
2. Promising the client that the medal will be safe until the client returns.
3. Sending a written note with the client that the medal can be worn during the x-ray.
4. Requesting that the physician order an alternate diagnostic procedure.
5. Removing the medal just before the start of the x-ray and then returning the medal to the client when the x-ray is completed.

12. A 73-year-old hospitalized client refuses her bedtime sleeping medication. The client has mild cognitive impairment. Which is the best action by the nurse?

1. Notify the healthcare provider immediately.
2. Comply with the client and document the interaction.
3. Explain to the client the importance of proper sleep and insist on the medication.
4. Notify the family to discuss the client's request.

13. A 35-year-old client has just been told that she has terminal cancer. Her husband and three children are present and while speaking to the nurse they are in great distress. Which action is most appropriate by the nurse?

1. Inform the client that the healthcare organization has an excellent cancer treatment program.
2. Acknowledge the client's feelings and let them know that there is still quality time for them to spend together.
3. Recognize the difficulty of the situation and ask if they would like to spend some time alone.
4. Tell the client and family not to lose hope or give up.

14. A 93-year-old client tells the nurse he wishes to speak to his mother. Which of the following is the best response by the nurse?

1. "I will try to locate her, but it may be difficult for me."
2. "Is there anyone else I can contact instead?"
3. "Begin speaking and your mother and I will hear you."
4. "I know it must be difficult for you to be alone."

15. A nurse is caring for a client diagnosed with schizophrenia and hypertension. While lying in bed the client begins to have an acute myocardial infarction. The client suddenly becomes short of breath. Which is the priority action for the nurse to take?

1. Ask the client to take deep breaths.
2. Elevate the client's feet on two pillows.
3. Place the client in semi-fowler's position
4. Take the client's vital signs.

16. A telehealth nurse is calling Mr. White to discuss his recent employee physical examination. She has been directed by Mr. White's employer to call him. When the nurse calls, Mr. White states he does not want to discuss his results with her and hangs up the phone. What is the most appropriate action by the nurse?

1. Call Mr. White back and start the conversation off by stating the purpose of the call.
2. Notify the healthcare provider of Mr. White's behavior.
3. Document the behavior.
4. Notify the healthcare provider and then document the client interaction.

MEET TODAY'S FEATURED NURSE,

ReMar Nurse Jillayah RN!



Hi, everyone, Regina and family, can I just say how good God is, He is just so good and faithful!

Listen you need you to go read Joshua chapter 1.

It's when Israel was just about to enter the Promised Land and God tells them, "Do not be afraid, and be of good courage! Do not be intimidated or afraid because the Lord thy God is with you"

I just got finished taking my exam and I just know that God is Good!

"I am Jillayah RN, praise the Lord! Regina thank you so much. I got the minimal amount of questions."

You may not know my story but it was nothing but the grace of God that I am where I am right now.

When you are called to something God will move Heaven and Earth for you to be successful because it is him that causes us to triumph. Please do not sleep on the Lord, and get up in your word.

Do the Virtual Trainer; it was such a blessing to me and my study process. I saw all my nursing student

friends and they had already taken it and I did the VT took my time.

Take your time and don't worry about what everyone else is doing! Take your time and get to where you know the Lord is calling you.

I am so grateful and thankful that Regina made the Virtual Trainer and all the Motivational Mondays that she and her husband and I am just beyond grateful.

By the time you're reading this I'll already have my RN and a job that the Lord blessed me with as a registered nurse before taking NCLEX and that's God. I pray for ReMar for the work they are doing because it has blessed me so much. I'm out here now as a Registered Nurse, you can do it too!

YOU SAY IT!
I CAN.
I WILL.
I MUST.
PASS
NCLEX!
With God
it's possible!

“7-DAYS of NCLEX” Day #7 - ReMarNurse.com



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REMAR NURSE NCLEX OPEN HOUSE | SPIRITUAL DEVELOPMENT (45-MIN)

Episode begins: Friday, January 1st, 2020, 10:00 am – 11:00 am EST

Happy New Year 2021 ReMarNurses!

Today is our final session for the “7-Days of NCLEX”!

Sometimes it’s difficult to gauge the level of response but at this price of \$189 - it’s the lowest any of my programs since I started ReMar as a private tutoring service over 10-years ago!

It’s a bit crazy but Mark and I are stepping out on faith to give you our all in the hopes that you’ll respond because when you do we know your testimony is coming and we can’t wait to see it!

The Virtual Trainer is by far the best NCLEX resource from ReMar. It has questions, content, and greater accountability. It’s twice as good as any review on the market, you name it – our content is better, and the truth is YOU are better!

I don’t care if you’ve taken NCLEX 10 times, or you been out of school for 15-years!

I know you have what it takes to pass NCLEX because I’ve seen ReMar Nurses take this content and turn it into a nursing license. That’s what I want from you – I can’t wait to see your testimony on the other side of NCLEX! Please feel free to email with any questions, Support@ReMarReview.com and my team will be able to answer any questions you may have regarding your study process.

INSTRUCTOR REGINA M. CALLION MSN, RN

www.ReMarNurse.com

**Today is the final day of the NCLEX Virtual Trainer
Sale at www.ReMarNurse.com!**

1. A client demonstrates laryngeal edema and shock after a single dose of penicillin. Which interventions are the most important at this time? Select all that apply.

1. Epinephrine
2. A tongue blade
3. Oxygen
4. Tracheostomy
5. Nasogastric tube

Open House Topic #1	NCLEX Tips
_____ Questions	<p>Also called:</p> <p>1. Turn each answer into:</p>

2. A nurse is caring for a client who was involved in a severe motor vehicle accident. The client's attorney comes to visit the client and requests medical information to validate a proper lawsuit. What is the best response by the nurse?

1. Inform the attorney on the client's medical treatment.
2. Contact the hospital's ethics committee.
3. Call the nearest of kin to obtain consent to speak to the attorney.
4. Notify the physician.

Open House Topic #2	NCLEX Tips

3. A nurse manager has received a formal complaint about a nurse who is physically abusing elderly clients on the unit. The priority action for the administration is to do which of the following?

1. Notify the local authorities
2. Notify the appropriate board of nursing
3. Notify and file a complaint with a hospital's legal team
4. Write an incident report including physical evidence gathered in the client's chart

Open House Topic #3	NCLEX Tips
	<p>Nurses are mandatory reporters of:</p> <p>Child/Elder abuse</p> <p>Neglect</p> <p>Domestic violence- including rape</p> <p>Other mandatory reporters</p>

This is a Critical Thinking Question:

1. A nurse suspects a 3-month-old is being physically abused. Which laboratory test will be the most likely to validate this suspicion?

1. MRI
2. Coagulation studies
3. Nutrition panel
4. Chemistry panel

5 Star QUICK Facts Quiz
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MEET THIS WEEK'S FINAL FEATURED NURSE,

ReMar Nurse Kiki LPN!



Hey ReMar family, Regina, I just wanted to let you know that I passed NCLEX and it was because of NCLEX Virtual Trainer. I passed it. It did take some time to get my license number because of COVID and everything was backed up, but I did do it.

Now I'm on, Indeed and LinkedIn and I got my resume together. I have interviewed with two jobs so far, and I got four more to go. Do you believe this? I am so happy!

**“I have four interviews this week, two are already done and I want them both!
It's such a tough decision!”**

I'm just going to have to make sure I get the best offer but the sky is the limit right now, and I'm really excited that I get a chance to choose.

It was because ReMar Review honestly. I had trouble comprehending and ReMar helped the learning process. You told me do the content first and questions later, and that's what I did.

And I was really excited because that's exactly how I learned is by watching videos. Doing your program was just the only way I couldn't do it with anybody else. Oh, my goodness, I have every single study program out there. but honestly, I did it with the ReMar Review.

A lot of people ask me how I did it and I tell them, ReMar and it's content first. So, I'm really excited that I am Kiki LPN, I am a ReMar Nurse and I'll scream it from the mountaintops.

I'll tell you what, because it was really what made me pass NCLEX and I'm very happy! I wanted to thank you guys. ReMar Review is where it's at! It was content first you can you will and you must pass and clicks like I did. And I cannot wait to rock that T shirt and walk around with my ReMar Nurse shirt on, just send it on over. I love you. Bye and good luck everyone!

CONGRATULATIONS – YOU’VE COMPLETED THE NCLEX VIRTUAL TRAINER!



You're one step closer to sitting for NCLEX! As I said in the introduction to this book, I'm confident that if you haven't studied the content and honored the process that you can pass NCLEX!

Even if you are feeling a bit anxious I promise you it's normal! This test is important and I know that you can do it – in fact I want to see your testimonial video on the other side of NCLEX where you're smiling or sharing tears of joy as soon as you see your name on the board results and it has that big RN or LPN attached to it.

You deserve that moment and just know that your success will not only bless you but it's going to bless everyone around you! Once you pass NCLEX I need you to do me a favor. I need you to document your journey and cap it off by making a ReMar Nurse testimonial video!

Mark and I would love to know more about your journey and what God is doing for you! You don't know how much your journey, struggles, and victories will bless the next nurse!

When you post your video Mark and I would like to send you a gift because you gave back!

After you post your video by visiting ReMarNurse.com/Party I will send you my favorite ReMar Nurse “With God It’s Possible” Blue T-Shirt as my personal gift to you!

Place your order and let me know if you have any questions about your new NCLEX review!

When we launched the Virtual Trainer during Black Friday 800 nurses joined in first three days and I hope to share the same experience with you during this event and the weeks to come as you continue you study inside of the (VT) to pass NCLEX and FINALLY GET YOUR PROFESSIONAL NURSING LICENSE!

YOU CAN. YOU WILL. YOU MUST – PASS NCLEX!

Regina M. Callion MSN, RN